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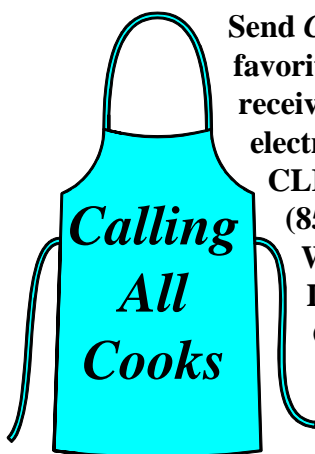
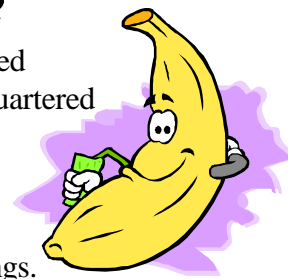
*Online Chef*

*Reader's Recipe*  
**Summer Smoothie**

2 medium-size bananas, peeled and sliced  
1 pint fresh strawberries, washed and quartered  
8 ounces strawberry yogurt  
1/4 cup orange juice

Place all ingredients in a blender.  
Process until smooth. Makes four servings.

*Submitted by Jessica Baxter Mercer*



Send *Current Light Flashes* your favorite recipe. If it's published, you'll receive a \$10 credit on your next WFEC electric bill. E-mail your recipe to CLF@wfeca.net, fax it to (850)263-3330 or mail it to West Florida Electric Cooperative, Dept. CLF, P. O. Box 127, Graceville, FL 32440-0127. Be sure your recipe includes specific amounts for ingredients and easy-to-follow instructions.

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